Revised: March 19, 2024

APS COVID Health Guidance, Spring 2024

On Friday March 1st, the <u>CDC announced</u> that they are shifting from a specific COVID-19 response to more general <u>Respiratory Virus Guidance</u>. On Tuesday March 19th, the local health jurisdictions of Adams and Arapahoe County endorsed the CDC guidance. APS aligns district health guidance with local health jurisdictions in Adams and Arapahoe County and has updated procedures accordingly as documented below.

Exclusion Requirements

There is no longer a mandatory 5 day exclusion period for students and staff diagnosed with COVID-19. Students or staff who are diagnosed with COVID-19 should stay home until symptoms improve and they have been fever free without the use of fever-reducing medication for 24 hours. Note: A fever means a temperature ≥ 100.4 F.

Encourage additional precautions for the next five days, especially for people at a higher risk for severe illness; i.e. those older than 65 years and people with weakened immune systems. Additional precautions may include:

- Consistent hand washing
- Covering your cough
- Increased physical distancing
- Wearing a mask

Students and staff with respiratory symptoms who have not been diagnosed with COVID-19 should follow the Colorado Department of Public Health and Environment's "How Sick is Too Sick."

Reporting Requirements

Single cases of COVID-19 in students and staff no longer need to be reported by district staff.

When clusters of COVID-19 cases are identified, School Nurses should collaborate with Local Public Health to determine if any additional infection control measures must be taken.

Vaccination

Seasonal vaccination against COVID-19 and influenza (flu) is not required but is recommended for eligible students, families, and staff.

Testing

Home use tests for COVID-19 may be available for students and staff, while supplies last.